

## Untie the Knots® That Tie Up Your Life by Bestselling Author, Ty Howard

**Do you know anyone who's tied up in procrastination, excuses, self-pity, the past, denial, clutter, debt, confusion, toxic relationships, fear, matching or trying to be like others, continual pain, anger, mediocrity, or stress?**

**Albert Einstein said, "Your imagination is your preview of life's coming attractions."  
The tragedy today—many people have no control over what's coming.**



**Ty Howard** is one of America's renowned and in-demand motivational speakers on the circuit today. Known for his inspiring programs, powerful delivery, consistent "take-home" value, and newly emerging insights, Howard has evolved into a highly sought after expert for teaching and encouraging people and companies on how to break free of the toxic habits, choices, people, and relationships sabotaging their performance and desired results.

**Untie the Knots® That Tie-Up Your Life** is Howard's first and recently released empowerment book—a guidebook that is timely, practical, enlightening, easy to read, and inspiring. Many high profile and everyday people are looking for solutions, answers and practical processes that will show them how to gain control of their lives and careers, and how to set themselves free from the negative bondage (knots) that delayed them in their past. Howard has intuitively put together a treasure chest worth opening, reading, applying and referring back to throughout life.

At the heart of Howard's program is one empowering message:

*"You may be Delayed,  
but you're **RARELY Denied!**"*

*Nearly every one of us has suffered from one or several challenging knots in our lives at one time or another. Sometimes it feels like they'll never come undone... that they'll only get tighter and tighter. Sometimes it feels like they'll drive you crazy! And if you do not discover how to identify and boldly **Untie the Knots® That Tie Up Your Life**, these knots can pose a serious threat to your whole life... your health, relationships, career, money... you fulfilling your life's ultimate purpose. Don't despair—there are answers, solutions, strategies and real-life testimonies that can assist you in setting yourself free to manifest the life you desire.*

**Find out why so many are *eagerly* reading the guide that sets **Life** free:**

- When you learn how to identify and *Untie the Knots®* that tie-up and delay your life—that's when you will be able to change your life!
- With one confident decision, refocused vision, unshakable plan and a resilient stand, you can go from living in the rat race of life to reclaiming a life.
- If you make it a constant effort to go beyond just doing the basic fundamentals, you will discover the power of creating *True Significance* in life.
- The difference between an *Excuse-maker* and a *Doer* is the former builds monuments of nothing, while the latter creates and enjoys the life he/she wanted.
- If you don't have any dreams or goals, what is there to move forward to—you're already there.
- You cannot change what happened to you in your past, but you can change and influence where you end up in your future.
- The knots of Life may test you... Leaving your will feeling battered and tried! Don't Stop! Don't Quit! Keep Going! Never Give Up! You've Been Delayed, But You're **RARELY Denied!**
- ***There are Ten Infusers for Setting Yourself Free:*** Reinstate a Positive Attitude, Refocus, Choose, Identify, Simplify, Believe, Move, Bring Your "A" Game, Persist, and Leave a Mark of Significance!
- **Over 10,000 copies sold!**

**For detailed book info:** <http://www.tyhoward.com/untie-the-knots/untie-the-knots-book/media-press-kit>

**When doing a story on any aspect of Achieving Success, Motivation, Overcoming Life's Challenges, or Professional or Personal Development**

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